

Supplement 2. Association of water intake with abdominal obesity adjusting for covariates (excluded participants with liver cirrhosis and chronic kidney disease)*

Group	Inadequate water intake	Adequate water intake	P-value
Age and sex aOR (95% CI)	1 (Reference)	1.298 (1.200–1.404)	<0.001
Multivariable aOR (95% CI) [†]	1 (Reference)	0.877 (0.772–0.996)	0.043

aOR, adjusted odds ratio; CI, confidence interval.

*Defined as a waist circumference of ≥ 90 cm in men and ≥ 85 cm in women. [†]Adjusted for age, sex, marital status, educational status, employment status, aerobic physical activity, cigarette smoking, alcohol consumption, dietary supplement intake, coffee and coffee drinks consumption as categorical variables, and total calorie intake, water intake from food, sodium intake, and body weight as continuous variables.